

Professional Disclosure Statement

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Philosophy and Approach: My approach to Mental Health services is person-centered and individually focused on what the client wants to achieve in the near and distant future. My hope is to build a working alliance with you during our time together. In developing plans for treatment, we will work together to create measurable and attainable goals. Throughout the therapeutic process we work on reaching these goals through trauma-sensitive and person-centered practices, while using evidenced-based interventions.

Formal Education and Training: I have received my Masters of Science in Clinical Mental Health Counseling with an emphasis in Trauma and Crisis Management. I am currently a Certified Trainer for Collaborative Problem Solving and I operate from a place that “People do well if they can,” which helps me gain the perspective that we are all doing the best we can with the skills that we have.

As a Mental Health Professional and Registered Intern, I will abide by the American Counseling Association Code of Ethics and the Oregon Code of Ethics, which outline guidelines around practices, responsibilities, and professional conduct. I am currently under the clinical supervision of Tonya Baeza, LMFT, LPC.. I am currently working on my clinical hours to become licensed in the state of Oregon as a Licensed Professional Counselor. At any point during your care, you may request copy of these codes of ethics. As part of my professional development and responsibility, I actively participate in Continuing Educational activities that help me develop and expand my skill base.

Fees: We accept Medicaid and Private Billing. If there are any questions please feel free to contact me.

Your Bill of Rights:

As a client, you have the following rights:

- To expect that I have met the minimal qualifications of training and experience required by state law;
- To examine public records maintained by the Board and to have the Board confirm credentials of a licensee;
- To obtain a copy of the Code of Ethics (Oregon Administrative Rules 833-100);
- To report complaints to the Board;
- To be informed of the cost of professional services before receiving the services;
- To be assured of privacy and confidentiality while receiving services as defined by rule and law, including the following exceptions: (1) Reporting suspected child abuse; (2) Reporting imminent danger to client or others; (3) Reporting

- information in court proceedings or by your insurance company, or other relevant agencies; and (4) Providing information concerning licensee case consultation and supervision; and 5) Defending claims brought by client against licensee.
- To be free from being the object of discrimination on the basis of race, ethnicity, religion, gender, age, color, culture, disability, national origin, sexual orientation, marital status, socioeconomic status, or other unlawful category while receiving services.

You may contact the Oregon Board of Licensed Professional Counselors and Therapists at the following address and telephone number:

**3218 Pringle Rd SE, Ste 250
Salem, OR 97302-6312
(503) 378-5499**

Email: lpct.board@state.or.us Website: www.oregon.gov/OBLPCT